



# Summer Menu July 2018



**MONDAY**                      **TUESDAY**                      **WEDNESDAY**                      **THURSDAY**                      **FRIDAY**

**AS A REMINDER:**  
**ALL Children under the age of 18 are welcomed to join us for a FREE breakfast and lunch during the summer months on the dates and times listed below. Please help to pass on this wonderful program to community members who can benefit from the service. HAVE A GREAT SUMMER!**

<p><b>9</b>  <u>Breakfast Menu</u>            Cereal            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Turkey Sandwich            Steamed Green Beans            Milk, Fruit &amp; 100 % Juice</p>	<p><b>10</b>  <u>Breakfast Menu</u>            Egg &amp; Cheese Sandwich            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Hot Dog on a Bun            Baked Crinkle Potato Fries            Milk, Fruit &amp; 100% Juice</p>	<p><b>11</b>  <u>Breakfast Menu</u>            Donut            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Chicken Nuggets / WG Rice            Steamed Carrots            Milk, Fruit &amp; 100% Juice</p>	<p><b>12</b>  <u>Breakfast Menu</u>            Egg &amp; Cheese Sandwich            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Cheeseburger on a Bun            Sweet Corn Kernels            Milk, Fruit &amp; 100% Juice</p>	<p><b>13</b>  <u>Breakfast Menu</u>            Cereal            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Cheeseburger            Steamed Broccoli            Milk, Fruit &amp; 100% Juice</p>
<p><b>16</b>  <u>Breakfast Menu</u>            Cereal            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Turkey Sandwich            Steamed Green Beans            Milk, Fruit &amp; 100 % Juice</p>	<p><b>17</b>  <u>Breakfast Menu</u>            Egg &amp; Cheese Sandwich            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Hot Dog on a Bun            Baked Crinkle Potato Fries            Milk, Fruit &amp; 100% Juice</p>	<p><b>18</b>  <u>Breakfast Menu</u>            Donut            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Chicken Nuggets / WG Rice            Steamed Carrots            Milk, Fruit &amp; 100% Juice</p>	<p><b>19</b>  <u>Breakfast Menu</u>            Egg &amp; Cheese Sandwich            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Cheeseburger on a Bun            Sweet Corn Kernels            Milk, Fruit &amp; 100% Juice</p>	<p><b>20</b>  <u>Breakfast Menu</u>            Cereal            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Cheese Pizza            Steamed Broccoli            Milk, Fruit &amp; 100% Juice</p>
<p><b>23</b>  <u>Breakfast Menu</u>            Cereal            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Turkey Sandwich            Steamed Green Beans            Milk, Fruit &amp; 100 % Juice</p>	<p><b>24</b>  <u>Breakfast Menu</u>            Egg &amp; Cheese Sandwich            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Hot Dog on a Bun            Baked Crinkle Potato Fries            Milk, Fruit &amp; 100% Juice</p>	<p><b>25</b>  <u>Breakfast Menu</u>            Donut            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Chicken Nuggets / WG Rice            Steamed Carrots            Milk, Fruit &amp; 100% Juice</p>	<p><b>26</b>  <u>Breakfast Menu</u>            Egg &amp; Cheese Sandwich            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Cheeseburger on a Bun            Sweet Corn Kernels            Milk, Fruit &amp; 100% Juice</p>	<p><b>27</b>  <u>Breakfast Menu</u>            Cereal            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Cheeseburger            Steamed Broccoli            Milk, Fruit &amp; 100% Juice</p>
<p><b>30</b>  <u>Breakfast Menu</u>            Cereal            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Turkey Sandwich            Steamed Green Beans            Milk, Fruit &amp; 100 % Juice</p>	<p><b>31</b>  <u>Breakfast Menu</u>            Egg &amp; Cheese Sandwich            Fruit, 100% Juice &amp; Milk  <u>Lunch Menu</u>            Hot Dog on a Bun            Baked Crinkle Potato Fries            Milk, Fruit &amp; 100% Juice</p>			

More Info...  
 Breakfast  
 7:00 AM - 9:30AM

Lunch  
 11:00 AM - 1:30 PM

*Milk Choice:*  
 1% or Skim

*Alternate Available Daily*  
 Peanut Butter & Jelly Sandwich or Cheese Sandwich



Menus are subject to change without notice.

This institution is an equal opportunity provider and employer.