

This month's FUEL Promotion is:

*Fiesta Foldover
Mediterranean Meatball Wrap*

**March
5th-16th**

WFSD Middle School Lunch

March 2018

Meal Price:

\$1.85

Reduced Eligible:

\$0.25

Adult Meal:

\$3.65+tax

Remember:

Students that qualify for FREE or REDUCED lunch also receive breakfast at the same rate!



01

Chicken Parmesan Sandwich

Steamed Broccoli

****Please note the additional daily items**

02

Chicken Fried Rice

Sweet Corn Kernels

****Please note the additional daily items**

05

Meatball Pizza Sub

Sweet Potato Fries

****Please note the additional daily items**

06

French Toast Pouch w/ Chicken Sausage Patties

Baked Tater Tots

****Please note the additional daily items**

07

Mozzarella Sticks w/ Marinara Sauce

Vegetarian Baked Beans

****Please note the additional daily items**

08

WG Macaroni & Cheese

Steamed Broccoli

****Please note the additional daily items**

09

General Tso's Chicken w/ Rice

Sweet Corn Kernels

****Please note the additional daily items**

12

Ham & Cheese Bagel Melt (P)

Sweet Potato Fries

****Please note the additional daily items**

13

Mini Waffle Pouch w/ Sausage Patties

Baked Crinkle Fries

****Please note the additional daily items**

14

Chicken Fajitas

Vegetarian Baked Beans

****Please note the additional daily items**

15

Max Pizza Sticks w/ Marinara Sauce

Steamed Broccoli

****Please note the additional daily items**

16

Boneless Buffalo Wings

Sweet Corn Kernels

****Please note the additional daily items**

19

Pork Riblet (P)

Sweet Potato Fries

****Please note the additional daily items**

20

French Toast Pouch w/ Chicken Sausage Patties

Baked Tater Tots

****Please note the additional daily items**

21

Soft Tacos

Vegetarian Baked Beans

****Please note the additional daily items**

22

WG Pasta & Meatballs

Steamed Broccoli

****Please note the additional daily items**

23

Parent/Teacher Conferences

No Lunch Service

26

Country Chicken Mashed Potato Bowl

Sweet Potato Fries

****Please note the additional daily items**

27

French Toast Pouch w/ Chicken Sausage Patties

Baked Tater Tots

****Please note the additional daily items**

28

Mozzarella Sticks w/ Marinara Sauce

Vegetarian Baked Beans

****Please note the additional daily items**

29

Soft Pretzel Meal w/ Nacho Cheese

Steamed Broccoli

****Please note the additional daily items**

30

Spring Recess

School Closed

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

- Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
- Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

****Available Daily:**

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Hamburger, Cheeseburger, Chicken Patty, Popcorn Chicken, Pizza Choices, Deli Sandwiches, & Salad Choices

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Romaine Salad, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate