

WFSD Elementary School Lunch

January 2018

01

Winter Recess School Closed

02

French Toast Pouch with
Chicken Sausage Patties
Hot Dog
Ham & Cheese Sandwich
(P)
Vegetarian Baked Beans

03

Baked Pretzel Meal
w/ Nacho Cheese
Popcorn Chicken
Turkey & Cheese Sandwich
Sweet Corn Kernels

04

Nachos
Chicken Patty
Ham & Cheese Sandwich
(P)
Steamed Broccoli

05

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel
(P)
Turkey & Cheese Sandwich
Romaine Side Salad

08

Meatball Pizza Sub
Chicken Nuggets
Turkey & Cheese Sandwich
Sweet Potato Fries

09

Mini Waffle Pouch with
Chicken Sausage Patties
Corn Dog
Ham & Cheese Sandwich
(P)
Vegetarian Baked Beans

10

Mozzarella Sticks
w/ Marinara Sauce
Popcorn Chicken
Turkey & Cheese Sandwich
Baked Crinkle Fries

11

Soft Tacos
Chicken Patty
Ham & Cheese Sandwich
(P)
Steamed Broccoli

12

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel
(P)
Turkey & Cheese Sandwich
Romaine Side Salad

15

Martin Luther King Jr. Day School Closed

16

Mini Waffle Pouch with
Chicken Sausage Patties
Corn Dog
Ham & Cheese Sandwich
(P)
Vegetarian Baked Beans

17

Baked Pretzel Meal
w/ Nacho Cheese
Popcorn Chicken
Turkey & Cheese Sandwich
Baked Crinkle Fries

18

Nachos
Chicken Patty
Ham & Cheese Sandwich
(P)
Steamed Broccoli

19

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel
(P)
Turkey & Cheese Sandwich
Romaine Side Salad

22

Max Pizza Sticks
w/ Marinara Sauce
Chicken Nuggets
Turkey & Cheese Sandwich
Sweet Potato Fries

23

French Toast Pouch with
Chicken Sausage Patties
Hot Dog
Ham & Cheese Sandwich
(P)
Vegetarian Baked Beans

24

Hamburger or
Cheeseburger
Popcorn Chicken
Turkey & Cheese Sandwich
Sweet Corn Kernels

25

Soft Tacos
Chicken Patty
Ham & Cheese Sandwich
(P)
Steamed Broccoli

26

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel
(P)
Turkey & Cheese Sandwich
Romaine Side Salad

29

Chicken & Rice Soup
w/ Grilled Cheese
Chicken Nuggets
Turkey & Cheese Sandwich
Sweet Potato Fries

30

Mini Waffle Pouch with
Chicken Sausage Patties
Corn Dog
Ham & Cheese Sandwich
(P)
Vegetarian Baked Beans

31

Mozzarella Sticks
w/ Marinara Sauce
Popcorn Chicken
Turkey & Cheese Sandwich
Baked Crinkle Fries

Remember:

Students that qualify
for FREE or
REDUCED lunch
also receive
breakfast at the

Meal Price:

\$1.75

Reduced Eligible:

\$0.25

Adult Meal:

\$3.65+tax

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

--Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
--Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

Available Daily:

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Salad Choice, S/PB&J

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate