

WFSD Elementary School Lunch

November 2018

Remember:

Students that qualify for FREE or REDUCED lunch also receive breakfast at the same rate!

Meal Price:
\$1.75
Reduced Eligible:
\$0.25
Adult Meal:
\$3.65+tax



01

Nachos
Chicken Patty
Ham & Cheese Sandwich (P)
Steamed Broccoli

02

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel (P)
Turkey & Cheese Sandwich
Romaine Side Salad

05

Meatball Pizza Sub
Chicken Nuggets
Turkey & Cheese Sandwich
Sweet Potato Fries

06

Mini Pancake Pouch with Chicken Sausage Patties
Corn Dog
Ham & Cheese Sandwich (P)
Vegetarian Baked Beans

07

Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken
Turkey & Cheese Sandwich
Baked Crinkle Fries

08

Soft Tacos
Chicken Patty
Ham & Cheese Sandwich (P)
Steamed Broccoli

09

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel (P)
Turkey & Cheese Sandwich
Romaine Side Salad

Veteran's Day (Observed)

School Closed

13

Mini Pancake Pouch with Chicken Sausage Patties
Corn Dog
Ham & Cheese Sandwich (P)
Vegetarian Baked Beans

14

Baked Pretzel Meal w/ Cheese Sauce
Popcorn Chicken
Turkey & Cheese Sandwich
French Fries

15

Nachos
Chicken Patty
Ham & Cheese Sandwich (P)
Steamed Broccoli

16

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel (P)
Turkey & Cheese Sandwich
Romaine Side Salad

19

Pizza Sticks w/ Marinara Sauce
Chicken Nuggets
Turkey & Cheese Sandwich
Sweet Potato Fries

20

Happy Thanksgiving
Roasted Turkey w/ Gravy and Mashed Potatoes
Hot Dog
Ham & Cheese Sandwich (P)
Vegetarian Baked Beans

Thanksgiving Recess

School Closed

26

Fish Sticks
Chicken Tenders
Turkey & Cheese Sandwich
Sweet Potato Fries

27

Mini Pancake Pouch with Chicken Sausage Patties
Corn Dog
Ham & Cheese Sandwich (P)
Vegetarian Baked Beans

28

Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken
Turkey & Cheese Sandwich
French Fries

29

Macaroni & Cheese
Chicken Patty
Ham & Cheese Sandwich (P)
Steamed Broccoli

30

Pepperoni or Cheese Pizza
Hot Ham & Cheese Bagel (P)
Turkey & Cheese Sandwich
Romaine Side Salad

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

--Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
--Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

Available Daily:

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Salad Choice, S/PB&J

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate