

March 5 - 9

Celebrate National School Breakfast Week with FREE BREAKFAST MEALS!!!

WFSD Middle School Breakfast

March 2018

Meal Price:

\$0.85

Reduced Eligible:

\$0.25

Adult Meal:

\$2.00+tax

Earn while your child learns!

Apply online at: www.aramark.com/careers



01

Assorted Freshly Baked Whole Grain Muffins

Fruit Choice Milk Choice

02

Assorted Whole Grain Cereal Choices

Fruit Choice Milk Choice



Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice Milk Choice

Fruit and Yogurt Parfait with Granola
Fruit Choice Milk Choice

Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice Milk Choice

Assorted Freshly Baked Whole Grain Muffins
Fruit Choice Milk Choice

Assorted Whole Grain Cereal Choices
Fruit Choice Milk Choice

12

Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice Milk Choice

13

Fruit and Yogurt Parfait with Granola
Fruit Choice Milk Choice

14

Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice Milk Choice

15

Assorted Freshly Baked Whole Grain Muffins
Fruit Choice Milk Choice

16

Assorted Whole Grain Cereal Choices
Fruit Choice Milk Choice

19

Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice Milk Choice

20

Fruit and Yogurt Parfait with Granola
Fruit Choice Milk Choice

21

Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice Milk Choice

22

Assorted Freshly Baked Whole Grain Muffins
Fruit Choice Milk Choice

23

Assorted Whole Grain Cereal Choices
Fruit Choice Milk Choice

26

Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice Milk Choice

27

Fruit and Yogurt Parfait with Granola
Fruit Choice Milk Choice

28

Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice Milk Choice

29

Assorted Freshly Baked Whole Grain Muffins
Fruit Choice Milk Choice

30

Spring Recess
School Closed

DON'T FORGET!!

If your student qualifies for FREE or REDUCED lunch, they also receive breakfast at the same rate!

***Breakfast is the most important meal of the day!
Don't miss it!***

Items with a (P) may contain pork.

**** Available Daily:**

Bagel with Butter or Cream Cheese, Otis Spunkmeyer Muffins, Cereal, Yogurt Parfait and Egg & Cheese Sandwiches

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch

Cheerios, Frosted Flakes, Cinnamon Toast Crunch

1% White Milk, Fat-Free White Milk, Fat-Free Chocolate Milk

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