



WFSD High School Breakfast

May 2017

01
Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice
Milk Choice

02
Fruit and Yogurt Parfait with Granola
Fruit Choice
Milk Choice

03
Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice
Milk Choice

04
Assorted Freshly Baked Whole Grain Muffins
Fruit Choice
Milk Choice

05
Assorted Whole Grain Cereal Choices
Fruit Choice
Milk Choice

08
Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice
Milk Choice

09
Fruit and Yogurt Parfait with Granola
Fruit Choice
Milk Choice

10
Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice
Milk Choice

11
Assorted Freshly Baked Whole Grain Muffins
Fruit Choice
Milk Choice

12
Assorted Whole Grain Cereal Choices
Fruit Choice
Milk Choice

15
Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice
Milk Choice

16
Fruit and Yogurt Parfait with Granola
Fruit Choice
Milk Choice

17
Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice
Milk Choice

18
Assorted Freshly Baked Whole Grain Muffins
Fruit Choice
Milk Choice

19
Assorted Whole Grain Cereal Choices
Fruit Choice
Milk Choice

22
Whole Grain Donut
Whole Grain Dutch Waffle
Fruit Choice
Milk Choice

23
Fruit and Yogurt Parfait with Granola
Fruit Choice
Milk Choice

24
Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice
Milk Choice

25
Assorted Freshly Baked Whole Grain Muffins
Fruit Choice
Milk Choice

26
Assorted Whole Grain Cereal Choices
Fruit Choice
Milk Choice

29
 **Memorial Day** 
School Closed

30
Fruit and Yogurt Parfait with Granola
Fruit Choice
Milk Choice

31
Ham, Egg & Cheese Whole Wheat Roll or Bagel (P)
Fruit Choice
Milk Choice

Earn while your child learns!
Apply online at:
www.aramark.com/careers

Meal Price: \$0.85
Reduced Eligible: \$0.25
Adult Lunch: \$2.00+tax



DON'T FORGET!!

If your student qualifies for FREE or REDUCED lunch, they also receive breakfast at the same rate!

***Breakfast is the most important meal of the day!
Don't miss it!***

Items with a (P) may contain pork.

****Available Daily:**

Bagel with Butter or Cream Cheese, Freshly Baked Muffins, Cereal, Yogurt Parfait and Egg & Cheese Sandwiches

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch

1% White Milk, Fat-Free White Milk, Fat-Free Chocolate Milk

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