

WFSD Middle School Lunch

February 2018

Meal Price:

\$1.85

Reduced Eligible: \$0.25

Adult Meal: \$3.65+tax

Remember:

Students that qualify for FREE or REDUCED lunch also receive breakfast at the same rate!

This month's FUEL Promotion is:

Spicy Thai Chicken Bowl

Chicken & Hummus Salad

February

5th-16th

Thursday

February 1st, 2018

WG Mac & Cheese

Steamed Broccoli

Friday

February 2nd, 2018

General Tso's Chicken

w/ Rice

Sweet Corn Kernels

Monday

February 5th, 2018

Ham & Cheese

Bagel Melt

Sweet Potato Fries

Tuesday

February 6th, 2018

Mini Waffle Pouch w/

Sausage Patties

Baked Crinkle Fries

Wednesday

February 7th, 2018

Chicken Fajita

Vegetarian Baked

Beans

Thursday

February 8th, 2018

Max Pizza Sticks
w/ Marinara
Steamed Broccoli

Friday

February 9th, 2018

Boneless Buffalo Wings
Sweet Corn Kernels

Monday

February 12th, 2018

Pork Riblet (P)
Sweet Potato Fries

Tuesday

February 13th, 2018

French Toast Pouch
w/ Chicken Sausage
Patties
Baked Tater Tots

Wednesday

February 14th, 2018

Soft Tacos
Vegetarian Baked
Beans

Thursday

February 15th, 2018

WG Pasta & Meatballs
Steamed Broccoli

Friday

February 16th, 2018

Pizza Quesadilla
Sweet Corn Kernels

Monday

February 19th, 2018

Winter Recess
School Closed

Tuesday

February 20th, 2018

Winter Recess

School Closed

Wednesday

February 21st, 2018

Winter Recess

School Closed

Thursday

February 22nd, 2018

Winter Recess

School Closed

Friday

February 23rd, 2018

Winter Recess

School Closed

Monday

February 26th, 2018

Corn Dog or Hot Dog

w/ Sauerkraut

Sweet Potato Fries

Tuesday

February 27th, 2018

Mini Waffle Pouch w/

Sausage Patties

Baked Crinkle Fries

Wednesday

February 28th, 2018

Nachos

Vegetarian Baked

Beans

Available Daily:

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Hamburger, Cheeseburger, Chicken Patty, Popcorn Chicken, Pizza Choices, Deli Sandwiches, & Salad Choices

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Romaine Salad, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate

Assorted snack items are offered daily that fit within the new Federal “Smart Snack” guidelines!

Grades K-12 are “Offer vs. Serve” and must choose at least 3 of the 5 options below:

--Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
--Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

Menus are subject to change without notice.

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