

# WFSD Middle School Lunch

## March 2018

**Meal Price:**

\$1.85

**Reduced Eligible:** \$0.25

**Adult Meal:** \$3.65+tax

**Remember:**

Students that qualify for FREE or REDUCED lunch also receive breakfast at the same rate!

**This month's FUEL Promotion is:**

*Fiesta Foldover*

*Mediterranean Meatball Wrap*

**March**

**5<sup>th</sup>-16<sup>th</sup>**

**Thursday**

**March 1<sup>st</sup>, 2018**

Chicken Parmesan  
Sandwich  
Steamed Broccoli

**Friday**

**March 2<sup>nd</sup>, 2018**

Chicken Fried Rice  
Sweet Corn Kernels

**Monday**

**March 5<sup>th</sup>, 2018**

Meatball Pizza Sub  
Sweet Potato Fries

**Tuesday**

**March 6<sup>th</sup>, 2018**

French Toast Pouch  
w/ Chicken Sausage  
Patties  
Baked Tater Tots

**Wednesday**

**March 7<sup>th</sup>, 2018**

Mozzarella Sticks  
w/ Marinara Sauce  
Vegetarian Baked  
Beans

**Thursday**

**March 8<sup>th</sup>, 2018**

WG Macaroni & Cheese  
Steamed Broccoli

**Friday**

**March 9<sup>th</sup>, 2018**

General Tso's Chicken  
w/ Rice  
Sweet Corn Kernels

**Monday**

**March 12<sup>th</sup>, 2018**

Ham & Cheese  
Bagel Melt (P)  
Sweet Potato Fries

**Tuesday**

**March 13<sup>th</sup>, 2018**

Mini Waffle Pouch w/  
Sausage Patties  
Baked Crinkle Fries

**Wednesday**

**March 14<sup>th</sup>, 2018**

Chicken Fajitas  
Vegetarian Baked  
Beans

**Thursday**

**March 15<sup>th</sup>, 2018**

Max Pizza Sticks  
w/ Marinara Sauce  
Steamed Broccoli

**Friday**

**March 16<sup>th</sup>, 2018**

Boneless Buffalo Wings  
Sweet Corn Kernels

**Monday**

**March 19<sup>th</sup>, 2018**

Pork Riblet (P)  
Sweet Potato Fries

**Tuesday**

**March 20<sup>th</sup>, 2018**

French Toast Pouch  
w/ Chicken Sausage  
Patties  
Baked Tater Tots

**Wednesday**

**March 21<sup>st</sup>, 2018**

Soft Tacos  
Vegetarian Baked  
Beans

**Thursday**

**March 22<sup>nd</sup>, 2018**

WG Pasta & Meatballs  
Steamed Broccoli

**Friday**

**March 23<sup>rd</sup>, 2018**

Parent/Teacher Conferences  
No Lunch Service

**Monday**

**March 26<sup>th</sup>, 2018**

Country Chicken  
Mashed Potato Bowl  
Sweet Potato Fries

**Tuesday**

**March 27<sup>th</sup>, 2018**

French Toast Pouch  
w/ Chicken Sausage  
Patties  
Baked Tater Tots

**Wednesday**

**March 28<sup>th</sup>, 2018**

Mozzarella Sticks  
w/ Marinara Sauce  
Vegetarian Baked  
Beans

**Thursday**

**March 29<sup>th</sup>, 2018**

Soft Pretzel Meal  
w/ Nacho Cheese  
Steamed Broccoli

**Friday**

**March 30<sup>th</sup>, 2018**

Spring Recess  
School Closed

**Available Daily:**

**WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Hamburger, Cheeseburger, Chicken Patty, Popcorn Chicken, Pizza Choices, Deli Sandwiches, & Salad Choices**

**Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Romaine Salad, Rotating Hot Vegetable  
1% White Milk, Fat-Free White, Fat-Free Chocolate**

**Assorted snack items are offered daily that fit within the new Federal “Smart Snack” guidelines!**

**Grades K-12 are “Offer vs. Serve” and must choose at least 3 of the 5 options below:**

--Meat/Meat Alternate--Whole Grain Item--Fruit Choice--  
--Vegetable Choice--Milk Choice--

**\*\*One of the choices MUST be a fruit or vegetable!\*\***

**Items with a (P) may contain pork.**

Menus are subject to change without notice.

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