

WFSD Middle School Breakfast

March 2018

Meal Price:
\$0.85

Reduced Eligible: \$0.25

Adult Meal: \$2.00+tax

Earn while your child learns!
Apply online at: [www.aramark.com/
Careers](http://www.aramark.com/Careers)

Celebrate National School Breakfast Week with free breakfast meals
March 5th – 9th

Thursday

March 1st, 2018

Assorted Freshly
Baked Whole Grain
Muffins
Fruit Choice
Milk Choice

Friday

March 2nd, 2018

Assorted Whole Grain
Cereal Choices
Fruit Choice
Milk Choice

Monday

March 5th, 2018

Whole Grain
Donut
Whole Grain
Dutch Waffle
Fruit Choice
Milk Choice

Tuesday

March 6th, 2018

Fruit and Yogurt
Parfait with
Granola
Fruit Choice
Milk Choice

Wednesday

March 7th, 2018

Ham, Egg & Cheese
Whole Wheat Roll
or Bagel (P)
Fruit Choice
Milk Choice

Thursday

March 8th, 2018

Assorted Freshly
Baked Whole Grain
Muffins
Fruit Choice
Milk Choice

Friday

March 9th, 2018

Assorted Whole Grain
Cereal Choices
Fruit Choice
Milk Choice

Monday

March 12th, 2018

Whole Grain
Donut
Whole Grain
Dutch Waffle
Fruit Choice
Milk Choice

Tuesday

March 13th, 2018

Fruit and Yogurt
Parfait with
Granola
Fruit Choice
Milk Choice

Wednesday

March 14th, 2018

Ham, Egg & Cheese
Whole Wheat Roll
or Bagel (P)
Fruit Choice
Milk Choice

Thursday

March 15th, 2018

Assorted Freshly
Baked Whole Grain
Muffins
Fruit Choice
Milk Choice

Friday

March 16th, 2018

Assorted Whole Grain
Cereal Choices
Fruit Choice
Milk Choice

Monday

March 19th, 2018

Whole Grain
Donut
Whole Grain
Dutch Waffle
Fruit Choice
Milk Choice

Tuesday
March 20th, 2018

Fruit and Yogurt
Parfait with
Granola
Fruit Choice
Milk Choice

Wednesday
March 21st, 2018

Ham, Egg & Cheese
Whole Wheat Roll
or Bagel (P)
Fruit Choice
Milk Choice

Thursday
March 22nd, 2018

Assorted Freshly
Baked Whole Grain
Muffins
Fruit Choice
Milk Choice

Friday
March 23rd, 2018

Assorted Whole Grain
Cereal Choices
Fruit Choice
Milk Choice

Monday
March 26th, 2018

Whole Grain
Donut
Whole Grain
Dutch Waffle
Fruit Choice
Milk Choice

Tuesday
March 27th, 2018

Fruit and Yogurt
Parfait with
Granola
Fruit Choice
Milk Choice

Wednesday
March 28th, 2018

Ham, Egg & Cheese
Whole Wheat Roll
or Bagel (P)
Fruit Choice
Milk Choice

Thursday
March 29th, 2018

Assorted Freshly
Baked Whole Grain
Muffins
Fruit Choice
Milk Choice

Friday
March 30th, 2018

Spring Recess
School Closed

Available Daily:

**Bagel with Butter or Cream Cheese, Otis Spunkmeyer Muffins, Cereal, Yogurt
Parfait and Egg & Cheese Sandwiches
Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch
Cheerios, Frosted Flakes, Cinnamon Toast Crunch
1% White Milk, Fat-Free White Milk, Fat-Free Chocolate Milk**

DON'T FORGET!!

***If your student qualifies for FREE or REDUCED lunch, they also receive breakfast
at the same rate!***

Breakfast is the most important meal of the day! Don't miss it!

Items with a (P) may contain pork.

Menus are subject to change without notice.

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