

# WFSD Middle School Breakfast

## February 2018

**Meal Price:**

*\$0.85*

**Reduced Eligible:** *\$0.25*

**Adult Meal:** *\$2.00+tax*

**Earn while your child learns!**

Apply online at: [www.aramark.com/](http://www.aramark.com/Careers)

**Careers**

### **Thursday**

#### **February 1<sup>st</sup>, 2018**

Assorted Freshly

    Baked Whole Grain

    Muffins

Fruit Choice

Milk Choice

### **Friday**

#### **February 2<sup>nd</sup>, 2018**

Assorted Whole Grain

    Cereal Choices

Fruit Choice

Milk Choice

### **Monday**

#### **February 5<sup>th</sup>, 2018**

Whole Grain

    Donut

Whole Grain

    Dutch Waffle

Fruit Choice

Milk Choice

### **Tuesday**

#### **February 6<sup>th</sup>, 2018**

Fruit and Yogurt

    Parfait with

    Granola

Fruit Choice

Milk Choice

**Wednesday**

**February 7<sup>th</sup>, 2018**

Ham, Egg & Cheese

Whole Wheat Roll

or Bagel (P)

Fruit Choice

Milk Choice

**Thursday**

**February 8<sup>th</sup>, 2018**

Assorted Freshly

Baked Whole Grain

Muffins

Fruit Choice

Milk Choice

**Friday**

**February 9<sup>th</sup>, 2018**

Assorted Whole Grain

Cereal Choices

Fruit Choice

Milk Choice

**Monday**

**February 12<sup>th</sup>, 2018**

Whole Grain

Donut

Whole Grain

Dutch Waffle

Fruit Choice

Milk Choice

**Tuesday**

**February 13<sup>th</sup>, 2018**

Fruit and Yogurt

Parfait with

Granola

Fruit Choice

Milk Choice

**Wednesday**

**February 14<sup>th</sup>, 2018**

Ham, Egg & Cheese

Whole Wheat Roll

or Bagel (P)

Fruit Choice

Milk Choice

**Thursday**

**February 15<sup>th</sup>, 2018**

Assorted Freshly

Baked Whole Grain

Muffins

Fruit Choice

Milk Choice

**Friday**

**February 16<sup>th</sup>, 2018**

Assorted Whole Grain

Cereal Choices

Fruit Choice

Milk Choice

**Monday**

**February 19<sup>th</sup>, 2018**

Winter Recess

School Closed

**Tuesday**

**February 20<sup>th</sup>, 2018**

Winter Recess

School Closed

**Wednesday**

**February 21<sup>st</sup>, 2018**

Winter Recess

School Closed

**Thursday**

**February 22<sup>nd</sup>, 2018**

Winter Recess

School Closed

**Friday**

**February 23<sup>rd</sup>, 2018**

Winter Recess

School Closed

**Monday**

**February 26<sup>th</sup>, 2018**

Whole Grain

Donut

Whole Grain

Dutch Waffle

Fruit Choice

Milk Choice

**Tuesday**

**February 27<sup>th</sup>, 2018**

Fruit and Yogurt

Parfait with

Granola

Fruit Choice

Milk Choice

**Wednesday**

**February 28<sup>th</sup>, 2018**

Ham, Egg & Cheese

Whole Wheat Roll

or Bagel (P)

Fruit Choice

Milk Choice

**Available Daily:**

**Bagel with Butter or Cream Cheese, Otis Spunkmeyer Muffins, Cereal, Yogurt**

**Parfait and Egg & Cheese Sandwiches**

**Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch**

**Cheerios, Frosted Flakes, Cinnamon Toast Crunch**

**1% White Milk, Fat-Free White Milk, Fat-Free Chocolate Milk**

***DON'T FORGET!!***

***If your student qualifies for FREE or REDUCED lunch, they also receive breakfast at the same rate!***

***Breakfast is the most important meal of the day! Don't miss it!***

**Items with a (P) may contain pork.**

Menus are subject to change without notice.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjunction, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.