

**Student “Brag” Sheet**  
**Student Information for Letter of Recommendation**

**Student Name:** \_\_\_\_\_

**Counselor:** \_\_\_\_\_

We believe that you should have a certain amount of input into the letters of recommendation that we write to colleges and universities on your behalf. Consequently, we are asking for your perceptions of your educational and personal growth.

Please respond to the following questions.

1. Which high school courses have you enjoyed the most and why?
  
  
  
  
  
  
  
  
  
  
2. Which high school courses have given you the most difficulty?
  
  
  
  
  
  
  
  
  
  
3. What books have you recently read on your own and/or what have you recently learned about on your own?
  
  
  
  
  
  
  
  
  
  
4. What topics or area of study would you like to pursue in college and why?
  
  
  
  
  
  
  
  
  
  
5. Describe an instance in which an article, a book, a play, a film or a TV show has had an impact on you.
  
  
  
  
  
  
  
  
  
  
6. Describe your most meaningful academic experience in recent years.
  
  
  
  
  
  
  
  
  
  
7. Describe your most meaningful personal experience in recent years.
  
  
  
  
  
  
  
  
  
  
8. Has any summer experience been of significant importance to you? Please describe.
  
  
  
  
  
  
  
  
  
  
9. Discuss your extracurricular activities. Which have been the most meaningful?

10. Are there any circumstances in your life that may have had a negative impact on your overall academic performance?
  
11. Have you traveled or lived in different localities? Where? Comment on these experiences.
  
12. What are your proudest accomplishments both personally and academically?
  
13. What do you consider your greatest strengths? Your greatest weaknesses?
  
14. Describe who you are as a person and what in life is important to you.
  
15. List five adjectives that describe something about you as a person.
  
16. Are there any factors about admission test scores that you would like us to address?
  
17. Is your high school academic record an accurate measure of your ability and potential? If not, what do you consider the best measure of your potential for success in college?
  
18. What is your favorite quote? Who is it by?
  
19. Please include any other information you would like to share with your counselor to assist her/him in making an accurate appraisal of you to colleges and universities.

Note: Please feel free to use a second sheet of paper if your comments do not fit into the spaces provided.