

NCAA STEPS TO ACHIEVING ELIBITILITY

JUNIORS

- At the beginning of your junior year, register at www.ncaaclearinghouse.net and complete the amateurism questionnaire.
- Register to take the ACT, SAT or both and use the Eligibility Center code (**9999**) as a score recipient.
- Double check to make sure the courses you have taken match your school's NCAA list of approved core courses.
- Ask your guidance counselor to send an official transcript to the Eligibility Center after completing your junior year. (The Eligibility Center does NOT accept faxed transcripts or test scores.)
- Prior to registration for classes for your senior year, check with your guidance counselor to determine the amount of core courses that you need to complete your senior year.

SENIORS

- Take the SAT and/or ACT again. The Eligibility Center will use the best scores from each section of the ACT or SAT to determine your best cumulative score.
- Continue to take college-prep courses.
- Check the courses you have taken to match your school's NCAA list of approved core courses.
- Review your amateurism questionnaire responses and request final amateurism certification on or after April 1 (for fall enrollees) or October 1 (for spring enrollees).
- Continue to work hard to get the best grades possible.
- Graduate on time (in eight academic semesters). If you fall behind, use summer school sessions prior to graduation to catch up.
- After graduation, ask your guidance counselor to send your final transcript with proof of graduation.

THE STUDENT ATHELETE'S RESUME

The résumé should have all pertinent data, including your grade point average, SAT® or ACT scores, the sport you play, awards and honors received, personal statistics, and references.

Statistics to include in a résumé, listed by sport

<p>Baseball and Softball Batting average Fielding average Earned run average, or ERA (pitchers) Win–loss record (pitchers) Runs batted in (RBI) Stolen bases</p> <p>Basketball Assists (per game) Rebounds Free-throw percentage Field-goal percentage (2 point and 3 point)</p> <p>Cross-Country, Track and Field Distance in field events: Shot put, discus, long jump, triple jump Height in field events: high jump and pole vault Time and distance Conference, invitational, or state places</p> <p>Field Hockey Goals Assists Blocked shots</p>	<p>Football Tackles (defensive player) Assists (defensive player) Sacks (defensive player) Interceptions (defensive/back/linebacker) Fumbles recovered Yards rushing (running back) Receptions—yards, average, touchdowns Attempts, completions, total yards passing/rushing (quarterback) Punts—attempts, longest, average Kickoff returns—attempts, longest, average Points scored touchdowns, extra points Field goals—attempts, longest, average, total points scored</p> <p>Golf Scores Assists Handicap Blocked shots</p> <p>Gymnastics Events and scores Conference, invitational, or state places</p>	<p>Soccer Goals Assists and blocked shots</p> <p>Swimming Event and times Dives, difficulty, scores Major conference, invitational, or state places</p> <p>Tennis Record and ranking Major conference, invitational, or state ranking</p> <p>Volleyball Blocks Assists Kills Aces</p> <p>Wrestling Individual record and at what weight Season takedowns Season reversals Season escapes Season 2-point and 3-point near fall points Falls Conference, invitational, or state places</p>
---	---	---

SAMPLE STUDENT ATHELETE RESUME

Student's name
1701 William Floyd Parkway
Mastic Beach, NY 11951
631-555-5555
seriousathlete@aol.com

Current School:

William Floyd High School
240 Mastic Beach Road
Mastic Beach, NY 11951
631-874-1120

Expected graduation: June 2009

SAT® Scores: 510 (critical reading) 630 (math) 540 (writing)
GPA: 3.8 (4.0 scale)
Class Rank: 101/1170
Expected field of study: Engineering

Personal statistics:

Date of Birth: November 12, 1990
Height: 5'9"
Weight: 164 lbs.
40-yard time: 4.95 secs.
100-yard time: 10.9 secs.
Mile time: 5.12 mins.

Athletic History:

- Soccer, freshman: left wing, junior varsity; 11 goals, 21 assists. Team finished second in league, 12–4.
- Soccer, sophomore: right wing, varsity; 9 goals, 24 assists. Team finished first in league; named Honorable Mention All-County.
- Soccer, junior: right wing, varsity; 23 goals, 19 assists. Team reached state quarter finals; named to third team All-State. Elected team captain for senior year.
- Track, sophomore year: quarter mile, best time, 52.8

References:

M. Weir
Varsity Soccer Coach
William Floyd High School

P. Goldwater
Director
All-American Soccer Camp